RESULTS
CHILDREN, 0-5.0 YEARS OLD
(0-60 MONTHS)
Prevalence of underweight children, 0-5.0 years old (0-60 months): Philippines, 2013

2 out of 10 or 19.9% children among 0-5 years old were underweight
Prevalence of stunting among children, 0-5.0 years old (0-60 months): Philippines, 2013

3 out of 10 or 30.3% children among 0-5 years old were Stunted
Prevalence of wasting among children, 0-5.0 years old (0-60 months): Philippines, 2013

1 out of 10 or 7.9% children among 0-5 years old were wasted
Prevalence of overweight-for-height among children, 0-5.0 years old (0-60 months): Philippines, 2013

5 out of 100 or 5.0% children among 0-5 years old were overweight
Trends in the prevalence of malnutrition among children, 0-5.0 years old (0-60 months): Philippines, 1989-2013

*significant (p-value<0.05)
Prevalence of underweight among children, 0-5.0 year-old (0-60 months) by age group: Philippines, 2008 – 2013

Philippines 19.9%
Prevalence of stunting among children, 0-5.0 year-old (0-60 months) by age group: Philippines, 2008 – 2013
Prevalence of wasting among children, 0-5.0 year-old (0-60 months) by age group: Philippines, 2008 – 2013

Philippines 7.9%
Prevalence of overweight-for-height among children, 0-5.0 year-old (0-60 months) by age group: Philippines, 2008 – 2013

Philippines 5.0%
### Top regions with highest and lowest prevalence than national average: Philippines, 2013

<table>
<thead>
<tr>
<th>Form of Malnutrition</th>
<th>Highest Regions</th>
<th>Lowest Regions</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>UNDERWEIGHT</strong></td>
<td>MIMAROPA</td>
<td>NCR</td>
</tr>
<tr>
<td></td>
<td>Western Visayas</td>
<td>CAR</td>
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<tr>
<td></td>
<td>Bicol</td>
<td>Central Luzon</td>
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<tr>
<td><strong>STUNTING</strong></td>
<td>Bicol</td>
<td>NCR</td>
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<tr>
<td></td>
<td>ARMM</td>
<td>Central Luzon</td>
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<td></td>
<td>Zamboanga Peninsula</td>
<td>CALABARZON</td>
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<tr>
<td><strong>WASTING</strong></td>
<td>MIMAROPA</td>
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<tr>
<td></td>
<td>Ilocos Region</td>
<td>NCR</td>
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<td></td>
<td>Western Visayas</td>
<td>SOCCSKSARGEN</td>
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<tr>
<td><strong>OVERWEIGHT</strong></td>
<td>CALABARZON</td>
<td>Zamboanga Peninsula</td>
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<td>NCR</td>
<td>Eastern Visayas</td>
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<td></td>
<td>Central</td>
<td>Davao</td>
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</tbody>
</table>
Prevalence of malnourished children, 0-5.0 years old (0-60 months) by place of residence and by wealth quintile: Philippines, 2013

**UNDERWEIGHT**

- Philippines: 19.9%
- Philippines: 30.3%

**STUNTING**

- Urban
  - Poorest: 44.2%
  - Poor: 33.9%
  - Middle: 29.0%
  - Rich: 20.8%
  - Richest: 13.1%

- Rural
  - Poorest: 45.0%
  - Poor: 37.1%
  - Middle: 27.9%
  - Rich: 19.5%
  - Richest: 14.0%
Prevalence of malnourished children, 0-5.0 years old (0-60 months) by place of residence and by wealth quintile: Philippines, 2013

Philippines: 7.9%

Philippines: 5.0%
RESULTS

CHILDREN, 5.08-10.0 YEARS OLD (61-120 MONTHS)
Prevalence of malnourished children, 5.08-10.0 years old (61-120 months): Philippines, 2013

- **UNDERWEIGHT**: 29.1%
- **STUNTING**: 29.9%
Prevalence of malnourished children, 5.08-10.0 years old (61-120 months): Philippines, 2013

- Wasting: 8.6%
- Overweight: 9.1%
Trends in the prevalence of malnutrition among children, 5.08-10.0 years old (61-120 months): Philippines, 2003-2013

*significant (p-value < 0.05)
### Top regions with highest and lowest prevalence: Philippines, 2013

<table>
<thead>
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<td>NCR</td>
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<td></td>
<td>Eastern Visayas</td>
<td>Cagayan Valley</td>
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<tr>
<td><strong>STUNTING</strong></td>
<td>Zamboanga Peninsula</td>
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<td>Northern Mindanao</td>
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<td>Bicol</td>
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<td><strong>OVERWEIGHT/OBESE</strong></td>
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<td>Bicol</td>
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<td>CALABARZON</td>
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<td>Central Luzon</td>
<td>ARMM</td>
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</tbody>
</table>
Prevalence of malnourished children, 5.08-10.0 year old (61-120 months) by place of residence and by wealth quintile: Philippines, 2013

**UNDERWEIGHT**

- Urban: Poorest 40.0, Poor 34.7, Middle 30.7, Rich 19.4, Richest 9.7
- Rural: Poorest 43.1, Poor 33.9, Middle 26.0, Rich 19.8, Richest 11.0

**STUNTING**

- Urban: Poorest 44.5, Poor 32.9, Middle 27.2, Rich 16.6, Richest 9.3
- Rural: Poorest 48.9, Poor 36.3, Middle 26, Rich 17.2, Richest 10.0
Prevalence of malnourished children, 5.08-10.0 year old (61-120 months) by place of residence and by wealth quintile: Philippines, 2013

Philippines: 8.6%

Philippines: 9.1%
RESULTS

ADOLESCENTS, 10.08-19.0 YEARS OLD (121-228 MONTHS)
Prevalence of malnourished children, 10.08-19.0 years old (121-228 months): Philippines, 2013

- WASTING: 12.4%
- OVERWEIGHT: 8.3%
Prevalence of malnourished children, 10.08-19.0 years old (121-228 months): Philippines, 2013

STUNTING

31.5%
Trends in the prevalence of malnutrition among children, 10.08-19.0 years old (121-228 months): Philippines, 2003-2013

*significant (p-value<0.05)
## Top regions with highest and lowest prevalence: Philippines, 2013

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<td>ARMM, SOCCSKSARGEN, Zamboanga Peninsula</td>
<td>Central Luzon, NCR, Cagayan Valley</td>
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<tr>
<td>WASTING</td>
<td>MIMAROPA, CALABARZON, Western Visayas</td>
<td>CAR, Northern Mindanao, Zamboanga Peninsula</td>
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<tr>
<td>OVERWEIGHT/OBESE</td>
<td>CAR, NCR, Central Luzon</td>
<td>Bicol, MIMAROPA, Zamboanga Peninsula</td>
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</tbody>
</table>
Prevalence of malnourished children, 10.08-19.0 years old (121-228 months) by place of residence and by wealth quintile: Philippines, 2013

**STUNTING**

- **Urban**: Poorest: 44.4%, Poor: 35.1%, Middle: 29.0%, Rich: 21.7%
- **Rural**: Poorest: 48.4%, Poor: 38.4%, Middle: 28.2%

**WASTING**

- **Urban**: Poorest: 14.9%, Poor: 13.4%, Middle: 13.4%, Rich: 9.3%
- **Rural**: Poorest: 15.7%, Poor: 12.7%, Middle: 12.5%, Rich: 11.6%
Prevalence of overweight / obese children, 10.08-19.0 years old (121-228 months) by place of residence and by wealth quintile: Philippines, 2013

Philippines: 8.3%
SUMMARY

- Overall, there is a significant reduction in the prevalence of stunting among the 0-19 years old between 2011 and 2013, but this remains to be medium to high and a public health concern.

- Likewise, there is a slight reduction in underweight among the 0-10 years old but the prevalence also remains to be medium to high and a public health concern.
• Furthermore, although there are improvements in the nutritional status with regards to undernutrition, pockets of the problem are still persistent in specific age groups and selected areas.

• Overweight and obese prevalence among the 0-5 year-old is going up at an average of 0.17%-points per year for the past 24 years.
SUMMARY

• Among the school-age and adolescent groups, overweight prevalence increases at an average of 0.33%–points and 0.34%–points per year, respectively for the past 10 years.

• The lowest/poorest quintiles have higher prevalence of undernutrition while the wealthiest/highest quintiles have higher prevalence of overnutrition across age groups.