

SQUASH CATSUP AND SQUASH FLOUR

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Canton Noodles w/ Squash
Squash Nutri-Blend
Instant Squash Soup
Squash Crunchies

Squash Squid Balls
Squash Fish Balls
Squash Catsup
Squash Hotcake Mi

Squash catsup and squash flour contain vitamin A, an essential nutrient for the promotion and maintenance of good eyesight. Nutritional blindness or xerophthalmia has been found to afflict mainly preschool children due to lack of vitamin A in their diet, as seen in the nutrition surveys of FNRI. Help your child get his daily recommended intake of vitamin A. Serve not only squash but also green leafy and yellow vegetables in your daily meals.

Squash Flour is made from fresh, mature squash, sliced, blanched, dried, then powdered. Can be used as a supplement to wheat flour in bakery products. Squash flour contains approximately 1,345 mcg Retinol Equivalent (RE) per 100 grams.

Squash Catsup is a tasty food dipping made from fresh squash, boiled and mashed with the addition of sugar, vinegar, spices and food color. Product contains 40 mcg RE per 100 grams