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LOLOS, LOLAS, AND MGA APO @ THE DOST-FNRI NUTRITION OUTREACH PROGRAM

Lolos, Lolas, at mga Apo **benefited from Nutrition Outreach Program**

by Franzis Jayke P. Batallantes, Science Research Specialist I

The DOST-FNRI in cooperation with the FNRI Employees Association, Incorporated (FNRIEA, Inc.) conducted the Malnutrition Reduction Program (MRP) Nutrition Outreach Program 2.0 with the theme: “DOST-FNRI Para sa Kalusugan at Kasiyahan nina Lolo, Lola, at Apo” at the National Shrine of Mary Help of Christians Parish, Brgy. Don Bosco, Parañaque on June 6, 2024.

The nutrition outreach comprised simultaneous activities for kids, their mothers and caregivers, as well as *lolos* and *lolas*.

Fifty-two (52) elderly individuals and twenty-one (21) mothers/caregivers attended lecture on basic nutrition and were given anthropometric measurement, nutrition counseling, and

demonstration on nutritious recipes while forty-five (45) children participated in nutrition education activities, including lectures, watching of nutrition cartoons, and playing of nutrition puzzles, mazes, and snakes and ladders, all emphasizing the importance of basic nutrition.

The Institute also shared nutritious recipe that can be a source of livelihood options

for the elderly, mothers, and caregivers.

The activity that benefited older persons, children, and their companions would not be possible without the full support of the Knights of Columbus - Mary Help of Christians Parish Council 8256.

This is the 2nd batch of the nutrition outreach program conducted by the DOST-FNRI.

The 1st Batch was held on December 7, 2023, for the elderly priests, nuns, and their caregivers in Knights of Columbus Hall, Merville, Parañaque City.

The DOST-FNRI is grateful for the various collaborations following the 2022 MRP Year-Starter Event dubbed "*Alay Mo, Kinabukasan Ko: Solidifying Intersectoral Support Against Malnutrition*" which

enabled the FNRIEA, Inc. to raise funds to implement nutrition outreach activities.

The FNRIEA, Inc. together with DOST-FNRI is looking forward to holding more nutrition outreach programs to help provide optimum nutrition for all Filipinos through science, technology, and innovation in food and nutrition.■



PHOTO NEWS:



Radio Veritas 846 KATOKTAHANAN's interview with DOST-FNRI Supervising Science Research Specialist and 50th FNRI Seminar Series (FSS) Technical Program Committee Chair Mr. Salvador R. Serrano, on DOST-FNRI food and nutrition innovations and the 50th FSS, June 4, 2024.



The Finance and Administrative Division of DOST-FNRI conducted an Echo-Webinar on Learning Needs Analysis via Zoom, June 5, 2024.



The Finance and Administrative Division of DOST-FNRI conducted a webinar on Regenerative Aquaponics via Zoom, June 7, 2024.



DOST-FNRI was recognized as one of Strongest STARBOOKS Partners during the STARBOOKS 13th Anniversary Celebration at The Heritage Hotel, Grand Ballroom, Pasay City, June 11, 2024.