



**Food and Nutrition Information Resource Station
DOST-FNRI Publication of the Month 2023**

August 2023



Prevalence and Factors Associated with Hypertension among Filipino Adults in Different Survey Periods

This study determined the trends and factors associated with hypertension among adults, 20 years old and above, using the data on anthropometry, blood pressure (BP), fasting blood glucose, and behavioral and dietary risk factors of non-communicable diseases collected in 2013, 2015, and 2018–2019 surveys.

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