



Food and Nutrition Information Resource Station DOST-FNRI Publication of the Month 2023

December 2023

PUBLICATION of the MONTH

Determinants of Underweight and Stunting among 6-59-months-old Indigenous Children in the Philippines
Bernice V. Valdez^{1,2}, Juliana B. Bernales^{3,4}, Ma. Leticia V. Manalang⁵,
Jesusa Jane N. Sison⁶, Patricia Bernal A. Alana⁷,
and Isabella Angeli-Angel⁸

^{1,2}Agribusiness Information, Extension and Policy Section
³Philippine Statistical Agency
⁴National Nutrition Foundation
⁵Office of the Director
⁶Office of the Director, Food and Nutrition Research Institute
⁷Gen. Santos, Marikina, Laguna, Philippines
⁸Calicut, Laguna, Philippines

Abstract
Data on the nutrition and health situation of indigenous people (IPs) across groups in the Philippines remain limited. This study determined the factors associated with underweight (UW) and stunting among indigenous children 6 to 59 months old utilizing the 2018 Expanded National Nutrition Survey data of the Department of Science and Technology's Food and Nutrition Research Institute. The study participants were 1,171 indigenous people from various provinces and cities. Results showed that indigenous children with UW and stunting were more likely to be from the Cordillera region, have lower household income, and live in rural areas. Indigenous children with UW and stunting were also more likely to have lower maternal education, live in households with lower food security, and have lower access to health services. The study also found that indigenous children with UW and stunting were more likely to have lower household income, live in rural areas, and have lower access to health services. The study also found that indigenous children with UW and stunting were more likely to have lower household income, live in rural areas, and have lower access to health services. The study also found that indigenous children with UW and stunting were more likely to have lower household income, live in rural areas, and have lower access to health services.

Keywords: children, indigenous peoples, Philippines, nutrition, underweight

Browse more of our resources at tinyurl.com/DOST-FNRI-FIRSt

DOST-FNRI
/DOST.FNRI
@DOST_FNRI
www.fnri.dost.gov.ph

Determinants of Underweight and Stunting among 6-59-months-old Indigenous Children in the Philippines

This study determined the factors associated with underweight (UW) and stunting among indigenous children 6 to 59 months old utilizing the 2018 Expanded National Nutrition Survey data of the DOST-FNRI.

To request for FREE copy of this information resource material, send an email to the Food and Nutrition Information Resource Station (FIRSt) at fnri.iru@gmail.com. Kindly include in your message the title of the material, your complete name and affiliation.

Browse for more of our resources at tinyurl.com/DOST-FNRI-FIRSt.

We are just a click away! Be among the first to avail of FIRSt services!

#DOSTFNRIPublicationOfTheMonth #DFPM #FIRSt