Participation of Adults, 18 Years Old and Above in Complete Treatment Pack (COMPACK) Program

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INTRODUCTION

The DOH launched the COMPACK in 2011 to increase patient's access to quality essential medicines, rational drug use and availability at the grassroots level. It is designed to reach the poorest of the poor with complete treatment regimen for the top most common diseases in the country such as common infections, diabetes, hypertension, hypercholesterolemia, diarrhea, cough and asthma. To be recipient of the program, an adult should consult with a medical doctor in a government health facility.

Rural Health Center

MATERIALS AND METHODS

Data used came from the nutrition survey conducted by DOST-FNRI in 2015. Face-to-face interview was done and data processing utilized the STATA, v. 12. A total of 93,026 adults aged 18 years and over who sought medical consultation in government health facilities when sick were included in the study.

The study described the participation of adults and the elderly in the COMPACK program of the government. The result will be used as reference in assessing the program with regards to its coverage, effectiveness and implementation policies in the local government.
RESULTS

In the past 12 months prior to field data collection, among adults, 18 years old and above...

...48.1% got sick with various illnesses and 33.5% of them sought medical consultation in government health facilities (52.2%) and in private health facilities (47.8%)

...hypertension, diabetes, asthma and diarrhea were commonly experienced by 60 years old and above. While common infections (flu, fever and colds) and other illnesses (UTI, ulcer and TB) were reported in younger adults.

...the elderly had higher proportions of seeking medical consultations when sick (51.6%) than younger adults.

...only 5.7% were recipient of the program and more than half of them availed free medicines.

CONCLUSION & RECOMMENDATION

To improve the implementation of the COMPACK program, the following courses of actions are recommended:

Ensure the integration of the COMPACK program with LGU development plans:

Ensure stable supply of medicines;

Dissemination of the COMPACK program to the barangays, or through other communication media.

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